



Back-to-School Resource Links for Families

Back-to-School Tips from the American Academy of Pediatrics

English: [healthychildren.org/English/ages-stages/Back-to-School-Tips.aspx](https://www.healthychildren.org/English/ages-stages/Back-to-School-Tips.aspx)

Español: [healthychildren.org/spanish/back-to-school-tips.aspx](https://www.healthychildren.org/spanish/back-to-school-tips.aspx) Espanol

Back to School Tips for Parents:

[childmind.org/article/helping-children-with-special-needs-go-back-to-school/](https://www.childmind.org/article/helping-children-with-special-needs-go-back-to-school/)

Back-to-School Tips for Kids Who Are Struggling:

<https://www.childmind.org/article/back-to-school-tips-for-kids-who-are-struggling/>

Helping Kids Back into the School Routine:

<https://www.childmind.org/article/helping-kids-back-school-routine/>

Español:

Mi hijo llora todos los días en el kínder porque me extraña y no hace amigos.
¿Qué puedo hacer?

[childmind.org/mi-hijo-llora-todos-los-dias-en-el-kinder](https://www.childmind.org/mi-hijo-llora-todos-los-dias-en-el-kinder)

Back-to-School Resources for Parents:

<https://www.edutopia.org/article/back-to-school-resources-parents>

Back to School Resources for Parents:

<https://www.cdc.gov/features/back-to-school/index.html>

Back to School

English: [kidshealth.org/en/parents/back-school.html](https://www.kidshealth.org/en/parents/back-school.html)

Español: [kidshealth.org/es/back-school-esp](https://www.kidshealth.org/es/back-school-esp)

Parent Tips: Back-to-School

English: colorincolorado.org/parent-tips-back-school

Español: colorincolorado.org/es/consejos-para-padres-el-regreso-la-escuela

Back-to-School Tips for Parents of Children with Special Needs:

readingrockets.org/article/back-school-tips-parents-children-special-needs

Ages & Stages: How Children Adjust to School in Grades PreK-K

scholastic.com/teachers/ages-stages-how-children-adjust-school/

10 Ways to Make the Switch from Summer to School

scholastic.com/back-to-school/10-ways-to-make-switch-summer-to-school.html

11 tips for adjusting to a new school

<https://www.greatschools.org/gk/articles/adjusting-to-new-school/>

5 Tips to Get Your Kids Up for School

<https://www.webmd.com/parenting/features/get-kids-up-for-school#1>

Feel free to download, print, and share!



parentacademymiami.com