



Links for Families on E-Cigarettes & Vaping

Miami-Dade County Public Schools (M-DCPS) – Department of Physical Education and Health Literacy
Smoking and Health
http://pe.dadeschools.net/smoking_and_health.asp

Surgeon General’s Advisory on E-cigarettes – Use Among Youth
English: [CDC e-cigarettes English](#)
Spanish: [CDC e-cigarettes Español](#)

Office of the U.S. Surgeon General and the U.S. Centers for Disease Control and Prevention
Know the Risks – E-Cigarettes & Young People
<https://e-cigarettes.surgeongeneral.gov/default.htm>
Know the Risks – Resources
English & Spanish: <https://e-cigarettes.surgeongeneral.gov/resources.html>

Centers for Disease Control and Prevention (CDC) – Talk with Your Teen About E-cigarettes:
A Tip Sheet for Parents
https://e-cigarettes.surgeongeneral.gov/documents/SGR_ECig_ParentTipSheet_508.pdf

CDC – Electronic Cigarettes
English: https://www.cdc.gov/tobacco/basic_information/e-cigarettes/index.htm
Spanish: https://www.cdc.gov/tobacco/basic_information/e-cigarettes/spanish/index.htm

CDC – Quick Facts on the Risks of E-cigarettes for Kids, Teens, and Young Adults
[CDC Quick Facts](#)

Smokefree.gov – Become a Smokefree Teen: <https://teen.smokefree.gov/>
Quit Vaping: <https://teen.smokefree.gov/quit-vaping>
Smokefree.gov
Spanish: <https://espanol.smokefree.gov/>

Stanford University School of Medicine, Tobacco Prevention Toolkit
<https://med.stanford.edu/tobaccopreventiontoolkit.html>

American Lung Association – E-Cigarettes
<https://www.lung.org/stop-smoking/smoking-facts/e-cigarettes-and-lung-health.html>

American Lung Association – What Parents Should Know about E-Cigarettes and Kids
<https://www.lung.org/stop-smoking/smoking-facts/e-cigarettes-parents.html>

National Institute on Drug Abuse (NIDA) – Tobacco, Nicotine, and
E-Cigarettes Research Report Series
[NIDA E-cigarettes](#)

NIDA for Teens – Tobacco, Nicotine & Vaping (E-Cigarettes)
<https://teens.drugabuse.gov/drug-facts/tobacco-nicotine-e-cigarettes>

Partnership for Drug-Free Kids – How to Talk with Your Kids About Vaping
<https://drugfree.org/article/how-to-talk-with-your-kids-about-vaping/>

Feel free to download, print, and share!

