



## Back-to-School Resources for Families

Back-to-School Tips from the American Academy of Pediatrics

English: <https://www.healthychildren.org/English/ages-stages/gradeschool/school/Pages/Back-to-School-Tips.aspx>

Español: <https://www.healthychildren.org/spanish/ages-stages/gradeschool/school/paginas/back-to-school-tips.aspx>

Child Mind Institute - English

Back to School Tips for Parents:

[childmind.org/article/helping-children-with-special-needs-go-back-to-school/](http://childmind.org/article/helping-children-with-special-needs-go-back-to-school/)

Back-to-School Tips for Kids Who Are Struggling:

<https://childmind.org/article/back-to-school-tips-for-kids-who-are-struggling/>

Helping Kids Back into the School Routine:

<https://childmind.org/article/helping-kids-back-school-routine/>

Child Mind Institute - Recursos en español

El aprendizaje: <https://childmind.org/recursos-en-espanol/>

Edutopia - Back-to-School Resources for Parents

<https://www.edutopia.org/article/back-to-school-resources-parents>

Centers for Disease Control and Prevention (CDC)

Back to School Resources for Parents:

<https://www.cdc.gov/features/back-to-school/index.html>

Kids Health – Nemours

Back to School

English: [kidshealth.org/en/parents/back-school.html](https://kidshealth.org/en/parents/back-school.html)

Español: <https://kidshealth.org/es/parents/positive-esp/?WT.ac=es-p-spanish-center-esp-d>

Colorin Colorado - Parent Tips: Back-to-School

English: [colorincolorado.org/parent-tips-back-school](https://colorincolorado.org/parent-tips-back-school)

Español: <https://www.colorincolorado.org/es/families/%C3%A9xito-escolar/consejos-para-padres-el-regreso-la-escuela>

Reading Rockets - Back-to-School Tips for Parents of Children with Special Needs

[readingrockets.org/article/back-school-tips-parents-children-special-needs](https://readingrockets.org/article/back-school-tips-parents-children-special-needs)

Scholastic - Ages & Stages: How Children Adjust to School in Grades PreK-K

<https://www.scholastic.com/teachers/articles/teaching-content/ages-stages-how-children-adjust-school/>

Scholastic Parents - 10 Ways to Make the Switch from Summer to School

<https://www.scholastic.com/parents/school-success/school-life/back-to-school/10-ways-to-make-switch-summer-to-school.html>

Great Schools – School life

English: <https://www.greatschools.org/gk/category/school-life/>

Español: <https://www.greatschools.org/gk/category/vida-escolar/?lang=es>

Grow by Web MD - 5 Tips to Get Your Kids Up for School

<https://www.webmd.com/parenting/features/get-kids-up-for-school#1>



[reopening.dadeschools.net](https://reopening.dadeschools.net)