



BACK TO SCHOOL

Links for Families on Transition to High School

Florida Department of Education

High School Education Resources:

<http://www.fldoe.org/schools/family-community/activities-programs/just-for-parents-community/high-school-edu-resources.stml>

Graduation Requirements:

<http://www.fldoe.org/academics/graduation-requirements/>

PACER's National Parent Center on Transition and Employment

Paving the Way: Parent Tips for Supporting Success in High School and Beyond

<https://www.pacer.org/transition/learning-center/planning/supporting-your-teen.asp>

KidsHealth from Nemours - 10 Ways to Help Your Teen Succeed in High School

English: <https://kidshealth.org/en/parents/school-help-teens.html>

Spanish: <https://kidshealth.org/es/parents/school-help-teens-esp.html?WT.ac=pairedLink>

National PTA & National Education Association

Helping Your Teen Succeed in High School

<https://www.pta.org/docs/default-source/files/family-resources/2018/family-guides/familyguide-helping.pdf>

American College Testing (ACT)

Stay Ahead in High School – 7 Tips for Building Study Habits and Skills

<https://www.act.org/content/act/en/students-and-parents/college-planning-articles/tips-to-stay-ahead-in-high-school.html>

Edutopia - Transition Resources for Parents, Teachers, and Administrators

<https://www.edutopia.org/blog/transition-resources-teachers-matt-davis>

Verywell Family - 5 Ways to Help Your Teen Be Successful in High School

<https://www.verywellfamily.com/how-to-help-your-teen-succeed-in-school-4087561>

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XQ Institute

What can Parents of Adolescents Do to Help High School Students Gain a Growth Mindset?

<https://medium.com/xqamerica/what-can-parents-of-adolescents-do-to-help-high-school-students-gain-a-growth-mindset-549192068866>

InfoAboutKids.org

Helping Your Student Make the Transition from Middle to High School

<https://infoaboutkids.org/blog/helping-your-student-make-the-transition-from-middle-to-high-school/>

Public School Review - 10 Ways Parents can Help Children Adjust to High School

<https://www.publicschoolreview.com/blog/10-ways-parents-can-help-children-adjust-to-high-school>

Your Teen for Parents

7 Ideas for Handling the Transition from Middle School to High School

<https://yourteenmag.com/teenager-school/teens-high-school/transition-from-middle-school-to-high-school>

Reducing Student Stress: 6 Ways Parents Can Help High School Students

<https://yourteenmag.com/teenager-school/teens-high-school/high-school-stress>

Colorado Public Radio News

School's Got you Stressed out? Here are some tips for Teens, Parents and Schools.

<https://www.cpr.org/2020/01/23/schools-got-you-stressed-out-here-are-some-tips-for-teens-parents-and-schools/>



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