



Links for Families on Back-to-School Tips

HealthyChildren.org - American Academy of Pediatrics - Back-to-School Tips

English: <https://www.healthychildren.org/English/ages-stages/gradeschool/school/Pages/Back-to-School-Tips.aspx>

Spanish: <https://www.healthychildren.org/spanish/ages-stages/gradeschool/school/paginas/back-to-school-tips.aspx>

Child Mind Institute

Back to School Tips for Parents

English: <https://childmind.org/article/helping-children-with-special-needs-go-back-to-school/>

Spanish: <https://childmind.org/es/articulo/consejos-para-padres-este-regreso-a-clases/>

Back-to-School Tips for Kids Who Are Struggling

English: <https://childmind.org/article/back-to-school-tips-for-kids-who-are-struggling/>

Spanish: <https://childmind.org/es/articulo/consejos-para-el-regreso-a-clases-de-ninos-con-dificultades/>

Helping Kids Back into the School Routine

English: <https://childmind.org/article/helping-kids-back-school-routine/>

Spanish: <https://childmind.org/es/articulo/como-ayudar-a-los-ninos-a-volver-a-la-rutina-escolar/>

Edutopia - Back-to-School Resources for Parents

<https://www.edutopia.org/article/back-to-school-resources-parents>

Centers for Disease Control and Prevention (CDC)

Back to School Supplies: Back to School Reminders & Readiness

<https://www.cdc.gov/parents/children/back-to-school.html?msclkid=488f9153d0ab11ec8191321da9452a60>

Kids Health – Nemours

Back to School

English: <https://kidshealth.org/en/parents/back-school.html>

Spanish: <https://kidshealth.org/es/parents/positive-esp/?WT.ac=es-p-spanish-center-esp-d>

Colorín Colorado

Parent Tips: Back-to-School

English: colorincolorado.org/parent-tips-back-school

Spanish: <https://www.colorincolorado.org/es/families/%C3%A9xito-escolar/consejos-para-padres-el-regreso-la-escuela>

Colorín Colorado

Twenty Ways You Can Help Your Children Succeed At School

English: <https://www.colorincolorado.org/article/twenty-ways-you-can-help-your-children-succeed-school?msclkid=759cd774d0b111ec9309d638fa9b1581>

Spanish: <https://www.colorincolorado.org/es/articulo/20-maneras-en-que-puede-ayudar-su-hijo-triunfar-en-la-escuela>

Reading Rockets - Back-to-School Tips for Parents of Children with Special Needs

<https://www.readingrockets.org/article/back-school-tips-parents-children-special-needs>

Scholastic – How to Make the First Week of School Special for Early-Elementary Students

<https://www.scholastic.com/teachers/teaching-tools/articles/how-to-make-the-first-week-of-school-special-for-early-elementar.html>

Scholastic Parents - 10 Ways to Make the Switch from Summer to School

<https://www.scholastic.com/parents/school-success/school-life/back-to-school/10-ways-to-make-switch-summer-to-school.html>

Today – NBC News

9 Tips to Help Your Kids with Separation Anxiety at School

<https://www.today.com/parents/back-school-separation-anxiety-how-help-your-kids-t188707?msclkid=e83b703dd0b011ecbcbfe3ae777c9225>

FamilyEducation – How to Help Your Child Cope with Back-to-School Anxiety

<https://www.familyeducation.com/school-learning/how-to-help-your-child-cope-with-back-to-school-anxiety?msclkid=1b5c78f6d0b311ec9cac3ae03d18c240>